



# Northern Lakes Community Mental Health Authority

Board of Directors Packet

December 19, 2024



The Northern Lakes Community Mental Health Authority Board will meet on December 19, 2024  
105 Hall Street, Traverse City, MI 49684 & Virtually: [+1 810-258-9588](tel:+18102589588), [,453356557#](tel:+18102589588)

## AGENDA

- | <b>Time</b> | <b>Item #</b> |  |
|-------------|---------------|--|
| 1:00 p.m.   | 1             | Opening: <ul style="list-style-type: none"><li>• Confirm Quorum and Pledge of Allegiance</li><li>• Approval of Agenda</li><li>• Conflict of Interest</li><li>• Consent Agenda (Minutes)*</li></ul>   |
| 1:05 p.m.   | 2             | Public Comment (May be limited to three minutes by Board Chair)  |
| 1:10 p.m.   | 3             | Celebrate Northern Lakes   |
| 1:20 p.m.   | 4             | Report of Officers: <ul style="list-style-type: none"><li>• Recipient Rights Director Report<ul style="list-style-type: none"><li>○ Brian Newcomb, Director of the Office of Recipient Rights (January)</li></ul></li><li>• Chief Executive Officer Report<ul style="list-style-type: none"><li>○ Brian Martinus, Interim Chief Executive Officer</li></ul></li><li>• Chief Financial Officer Report<ul style="list-style-type: none"><li>○ Kevin Hartley, Chief Financial Officer</li></ul></li></ul> |
| 1:50 p.m.   | 5             | Committee Reports: <ul style="list-style-type: none"><li>• NMRE Update<ul style="list-style-type: none"><li>○ Ruth Pilon</li></ul></li><li>• RRAC Update<ul style="list-style-type: none"><li>○ Tony Lentych</li></ul></li><li>• Ad Hoc CEO Search</li><li>• Executive</li><li>• Finance</li><li>• Policy</li><li>• Community Engagement and Services</li><li>• Personnel</li></ul>  |
| 1:50 p.m.   | 6             | Unfinished Business: <ul style="list-style-type: none"><li>• Committee Structure and Assignments</li><li>• Wage Study*</li></ul>   |
| 2:50 p.m.   | 7             | Public Comment   |
| 2:55 p.m.   | 8             | Announcements/Board Comments/Presentations   |
| 3:00 p.m.   | 9             | Adjourn <b>NEXT MEETING: January 16, 2025 – Cadillac</b>   |

\* Action Items

NOTICE: If any person with a disability needs accommodations, please call 231-942-7372 three days prior to the posted meeting date.

## Board of Directors Meeting Minutes

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November 21, 2024

1:00 p.m.

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**Board Members Present:**

Ruth Pilon, Al Cambridge, Ty Wessell, Dean Smallegan, Penny Morris, Tony Lentych, Christal Frost Anderson, Dave Freedman, Greg McMorrow, Ben Townsend, Lynn Pope, Mary Marois, Tom Bratton

**Absent:** Eric Ostergren, Shawn Kryacs, Carol Blake

**Others Present:** Vickie McDonald, Brian Martinus, Joe Barkman, Erica Longstreet, Neil Rojas, Kevin Hartley, Brian Newcomb, Darryl Washington, Mark Crane, Kim Silbor, Mark Drager, Jan Pytlowany, Heather Pollington, Kasie Morse, Jennifer Calvin

**Others Virtual:** Jeremiah Williams, Ann Ketchum, Daniel Mauk, Dean Baldwin, Treasa Cooper, Kendall Sidnam, Terri Henderson, Heather Sleight, April Weinrick, Dave Simpson, Aimee Horton Johnson, Trey Johnson, Lori Stendel, Erin Barbus, Tiffany Fewins, Somer Quinlan, Kari Barker, Amanda Clements, Rob Palmer, Cindy Evans, Curtis Cummins, M.D., Lisa Jones, Jordan Byington, Carrie Hubbell, Melissa Bentgen, Michael Corby, Jessica Williams, Sophorn Klingelsmith, Alexandra Coon, Lisa Holmes, Erica Smith, Abby Schonfeld, Kellee Hoag, Jillian Smithingell, Trapper Merz, Rachael Harrell, Lisa Woodcox, 3 unknown attendees

**Call to Order:** 1:00 p.m.

**Conflict of Interest:** None.

**Approval of Agenda:**

<b>MOTION:</b>	<b>Approve the agenda</b>
<b>RESULT:</b>	<b>ADOPTED. [UNANIMOUS]</b>
<b>MOVER:</b>	<b>T. Wessell</b>
<b>SECONDER :</b>	<b>D. Smallegan</b>

**MOTION: Approve the Consent Agenda**

**RESULT: ADOPTED [UNANIMOUS]**

**MOVER: D. Freedman**

**SECONDER: D. Smallegan**

Consent agenda included the October 26, 2024 minutes which were approved.

**Public Comment:** None

**Celebrate Northern Lakes:** The board recognized the front Cadillac office staff: Jan Pytlowany employed 23 years, Heather Pollington, 14 years, and Kasie Morse, 6 years. The front office staff, often overlooked, is the first point of contact in the office. The Cadillac front office staff are very knowledgeable and are highly recognized by their peers for doing an amazing job. The board greatly appreciates all you do and thanks you.

**Report of Officers:**

**Recipient Rights Report:** Brian Newcomb, Director of the Office of Recipient Rights, reported on the first month of the fiscal year. The number of complaints during this first month was 56. Lisa and Erica, while still holding a full case load, will cover Brian's duties while he is off for a few weeks for medical. Brian clarified the difference of Abuse/Neglect 1, 2 and 3 stating that level one's severity would result in severe injury or death and includes sexual acts. Level 2 includes non-serious physical harm with examples of a broken leg, cuts and bruises. Level 3 is typically seen through language with examples of threatening, degrading or criticizing people and includes sleeping on duty. The board recognized the five-year trend which shows a decrease in total cases. The data that Brian reports is tracked by the choice of our CMH as the state does not track or report the same data. It was also stated that services suited to condition may be affected by finances and amount of staffing. It was stated that contracts may be reviewed and terminated due to their own trends.

**Interim Chief Executive Officer's Report:** Brian highlighted the 17<sup>th</sup> annual Art of recovery celebration which is currently open at the Traverse City Public Library. Artwork is submitted by our consumers and others recovering or recovered in our six-county service area, with many pieces for sale. The NLCMH team does an excellent job with this event and is a great way to highlight strengths of some of our consumers. Recipients Rights committee is scheduled to meet December 5 in Cadillac, and the All-staff training is scheduled for December 11. This will close office services except for crisis. Brian also brought to the Board's attention an article published regarding a recent theft at Club Cadillac. The money embezzled was from fundraising done by the Clubhouse, not Medicaid dollars, and is currently under investigation by State Police. The Board suggested looking into checks and balance process to be added to clubhouses and drop-in centers to help prevent embezzlement. The Cadillac Clubhouse is a 501(c)3 with five NLCMH employees and is working on adding an internal controls process.

**Chief Financial Officer's Report:** Kevin Hartley presented a Preliminary Board Report through September 2024. His summary included balance sheet amounts rolled forward from Fiscal Year 2023. Fiscal Year 23 has not been closed nor audited, therefore these amounts should be considered preliminary and subject to adjustment. Medicaid Capitation, Healthy Michigan Capitation and General Fund Capitation all show overspend while salaries, wages and fringes are less than budgeted. Decline in Medicaid enrollment has had an impact on the budget. Money expected from the State of Michigan through the NMRE will also make an impact. Forensic audit schedule, settlement with NMRE, contracts and contract amendments

were also discussed. Cost analysis of consumers' services, utilization management and efficiencies are being researched to help with cost management. The report was included in the packet.

### **Committee Reports:**

**NMRE:** Ruth Pilon gave an update from the NMRE. Foremost concern is about monies not returned to CMHs from the State. CMHA still contacting state legislators and are discussing the same issues. Several Board members attended a conference which focused on effective data collection.

**RRAC:** Tony Lentych stated that two weeks from today, December 5<sup>th</sup>, RRAC will be meeting in Cadillac.

### **Unfinished Business:**

**Governance Policy:** A table of committee appointments was part of the board packet. Review and corrections will be made with removing at least one person from the Finance Committee, keeping one representative from each county. The finance committee and will meet from 11:00 to 12:00 before the next board meeting. Adjustments will also be made to the community engagement committee which is represented by only one county and personnel committee which consists of only two members. The Ad Hoc CEO Search Committee is to move forward as the two milestones — 1. Adding a new governance policy with appropriate bylaws is completed, and 2. Getting out from under the audit — is progressing. The board agrees that committee reports, including updates from the Ad Hoc CEO Search Committee should be added to the agenda going forward. Committee members were assigned to schedule initial meetings, preferably before the next board meeting. Due to recent elections, board members will change, thus changing committee membership.

### **Public Comment: None**

### **Announcements/Board Member Reports/Board Association:**

Ms. Frost Anderson mentioned the board receiving a letter on Tuesday the 19<sup>th</sup>, from Patricia Fuller regarding home health contract discrepancies. The board acknowledges receipt of the letter pointing out that she is from Mancelona and is not in our catchment area.

Mr. Bratton attended a program in Grand Traverse County at which the director introduced our new Crisis Center. This program opens in January, with a community walk through scheduled December 10. Tom suggests scheduling a private walk through and having them come and present to our board.

Ms. Morris suggested sending Stacy a card, and reported a Go Fund Me on her Facebook page.

Mr. Cambridge suggested the board visit our clubs and other programs to "see things in action."

Mr. McMorrow referenced a letter from Monique Francis from CMHAM regarding policies, the length of time consumers are placed in inpatient settings and associated costs.

Ms. Marois mentioned a movie playing at the State Theatre titled Sugar Cane, next Tuesday at 7 PM. It is a documentary about the maltreatment of indigenous people in Canada. It will also be playing on Hulu starting December 6.

**Next Meeting:** December 19, 2024, 105 Hall Street, Traverse City

**Adjournment:** The meeting adjourned at 2:43 p.m.

Respectfully Submitted,

Victoria McDonald, Administrative Specialist

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Greg McMorrow, Chairperson

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Lynn Pope, Secretary

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## 2025 RRAC Schedule

### **RRAC Schedule**

(Typically, the first Thursday of the month)

February 6, 2025 – Cadillac

April 3, 2025 – Cadillac

June 5, 2025 – Cadillac

August 7, 2025 – Cadillac

October 2, 2025 – Cadillac

December 4, 2025 - Cadillac

## Interim Chief Executive Officer's

### Report to the Board

December 19, 2024

#### Citizen Comment:

None

**Grants of Significant Value:** No new grants of significant value.

**Dashboard Report:** The NLD has requested a monthly Dashboard Report. See attached.

**Center for Mental Wellness Update:** NLCMHA will start working out of center on 5 January 2024.

#### Community Connections/Meetings:

- December 2<sup>nd</sup>, GTCMW Team Meeting
- December 10<sup>th</sup>, NMRE Operations Committee Meeting
- December 10<sup>th</sup>, GTMHAC Open House
- December 11<sup>th</sup>, NLCMHA All Staff Training Event
- December 18<sup>th</sup>, NMRE Board Meeting
- December 19<sup>th</sup>, NLCMHA Board Meeting
- January 6<sup>th</sup>, NMRE SUN Oversight Committee Meeting
- January 7<sup>th</sup>, GTCMW Team Meeting
- January 8<sup>th</sup>, NMRE Finance Committee Meeting
- January 16<sup>th</sup>, NLCMHA Board Meeting
- January 21<sup>st</sup>, NMRE Operations Committee Meeting
- January 22<sup>nd</sup>, NMRE Board Meeting

**NLCMHA Email Blast:** In our most recent email blast we shared information on the following topics:

- All Staff Training Event

**Media Coverage:** There were some articles in the last month. I am attaching a Word document of that article to this report, and links are included below should you want to access them yourselves:

<https://www.munsonhealthcare.org/about-the-system/news-media-relations/news/open-house-new-grand-traverse-mental-health-crisis-and>

<https://www.traverseticker.com/news/new-mental-health-center-prepares-to-open-doors/>



Respectfully submitted,  
Brian Martinus, Interim CEO

FY2025 Monthly Access Timeliness, Request to Assessment												
	October	November	December	January	February	March	April	May	June	July	August	September
Within 14 days	69											
Outside 14 days	0											
Consumer Cancelled/Rescheduled	9											
Consumer Requested outside 14 days	9											
Consumer No Showed	35											
Consumer Chose to Not Pursue Svcs	0											
Other (denial, no follow up)	15											

FY2025 Monthly Access Timeliness, Assessment to Service												
	October	November	December	January	February	March	April	May	June	July	August	September
Within 14 days	55											
Outside 14 days	3											
Consumer Cancelled/Rescheduled	1											
Consumer Requested outside 14 days	3											
Consumer No Showed	13											
Consumer Chose to Not Pursue Svcs	0											
Other (denial, no follow up)	7											
Monthly % seen in 14 Days	94.8%	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!	🟢 #DIV/0!

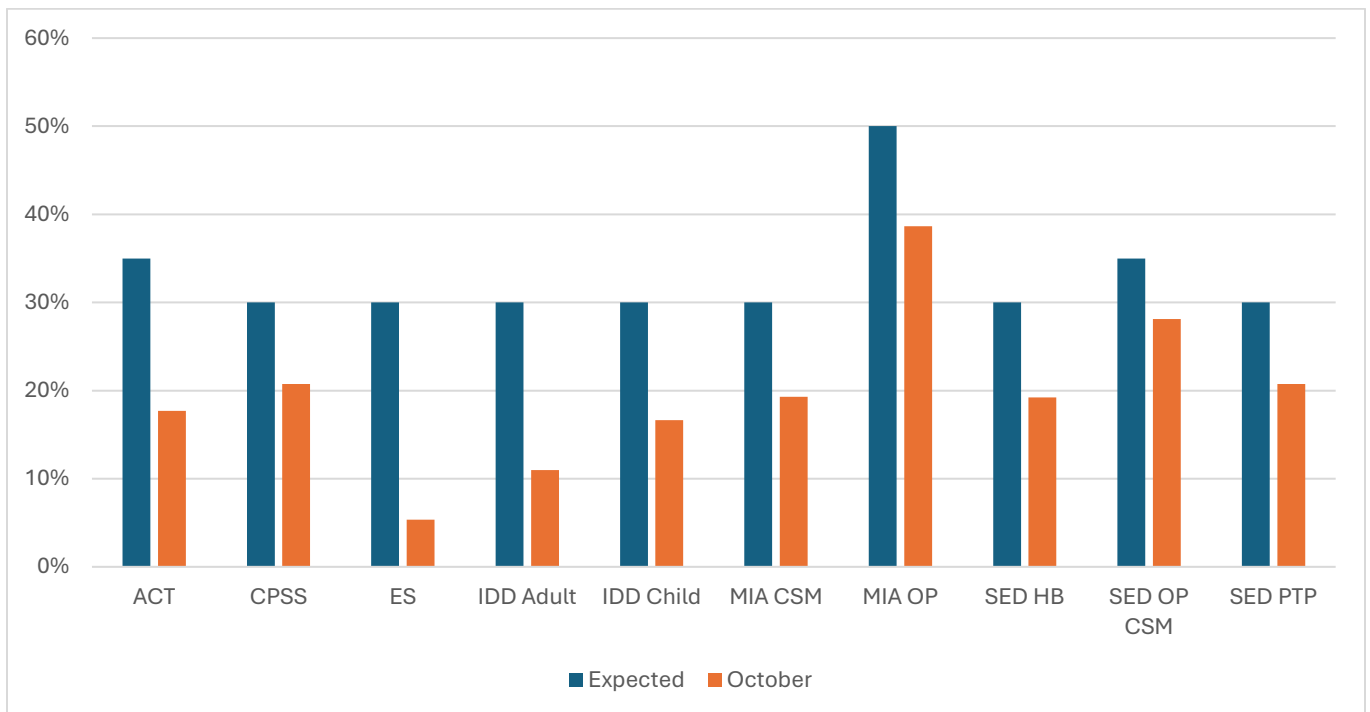
Referrals for Denied Initial Clinical Assessments, FY25												
	October	November	December	January	February	March	April	May	June	July	August	September
External Mental Health Provider	7											
External SUD Provider	3											
No Referral	3											
Other Community Services	4											

FY2025 Mobile Crisis Response Times, Monthly												
	October	November	December	January	February	March	April	May	June	July	August	September
30 Minutes or Less	10	14										
31 Minutes to 1 Hour	7	1										
Over 1 Hour	8	3										

FY2025 Inpatient Readmission Rate			
	Admissions	Readmits in 30 Days	% Readmitted
October	73	7	10%
November			🟢 #DIV/0!
December			🟢 #DIV/0!
January			🟢 #DIV/0!
February			🟢 #DIV/0!
March			🟢 #DIV/0!
April			🟢 #DIV/0!
May			🟢 #DIV/0!
June			🟢 #DIV/0!
July			🟢 #DIV/0!
August			🟢 #DIV/0!
September			🟢 #DIV/0!
<b>TOTAL</b>			<b>10%</b>

FY2025 Monthly Team Efficiency													
	Expected	October	November	December	January	February	March	April	May	June	July	August	September
ACT	35%	17.71%											
CPSS	30%	20.76%											
ES	30%	5.37%											
IDD Adult	30%	10.99%											
IDD Child	30%	16.65%											
MIA CSM	30%	19.30%											
MIA OP	50%	38.64%											
SED HB	30%	19.22%											
SED OP CSM	35%	28.11%											
SED PTP	30%	20.76%											

**Team Efficiency Chart**



FY2025 Monthly Service Information for Crawford County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 15,656.00											
Autism Services	\$ 27,229.97											
Case Management, ACT and Treatment Planning	\$ 46,139.00											
Community Living Supports	\$ 232,276.96											
Crisis Services, Assessments and Testing	\$ 23,592.00											
Evaluation and Management Physician Level	\$ 17,837.00											
Psychiatric Inpatient	\$ 11,930.00											
Psychotherapy and Outpatient Services	\$ 20,670.00											
Vocational & Skills Building, Family and Health Services	\$ 1,757.11											
Other	\$ 312.00											
<b>Total</b>	<b>\$ 397,400.04</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Number of Registered People Receiving Services	158	-	-	-	-	-	-	-	-	-	-	-
Average Cost per Registered Person Served	\$ 2,515.19	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	10,156											
Average Cost per Transaction	\$ 39	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	37											
Count of Child IDD	9											
Count of Adult SMI	88											
Count of Child SED	24											
<b>Total</b>	<b>158</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
IDD Adult Cost	\$ 175,301.44											
IDD Child Cost	\$ 59,191.97											
Adult SMI Cost	\$ 133,399.63											
Child SED Cost	\$ 29,507.00											
<b>Total</b>	<b>\$ 397,400.04</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Adult IDD Cost per consumer	\$ 4,737.88	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 6,576.89	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 1,515.90	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 1,229.46	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
<b>Total</b>	<b>\$ 2,515.19</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>

FY2025 Service Information For Grand Traverse County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 98,870.29											
Autism Services	\$ 118,002.56											
Case Management, ACT and Treatment Planning	\$ 206,127.88											
Community Living Supports	\$ 1,147,240.65											
Crisis Services, Assessments and Testing	\$ 124,410.00											
Evaluation and Management Physician Level	\$ 57,835.50											
Psychiatric Inpatient	\$ 80,288.18											
Psychotherapy and Outpatient Services	\$ 111,644.56											
Vocational & Skills Building, Family and Health Services	\$ 67,030.81											
Other	\$ 9,129.68											
<b>Total</b>	<b>\$ 2,020,580.11</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Number of Registered People Receiving Services	831	-	-	-	-	-	-	-	-	-	-	-
Average Cost per Registered Person Served	\$ 2,431.50	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	83,905											
Average Cost per Transaction	\$ 24	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	224											
Count of Child IDD	60											
Count of Adult SMI	436											
Count of Child SED	111											
<b>Total</b>	<b>831</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
IDD Adult Cost	\$ 963,876.48											
IDD Child Cost	\$ 193,077.16											
Adult SMI Cost	\$ 673,583.09											
Child SED Cost	\$ 190,043.38											
<b>Total</b>	<b>\$ 2,020,580.11</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Adult IDD Cost per consumer	\$ 4,303.02	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 3,217.95	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 1,544.92	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 1,712.10	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
<b>Total</b>	<b>\$ 2,431.50</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>

FY2025 Service Information For Leelanau County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 9,361.70											
Autism Services	\$ 2,852.67											
Case Management, ACT and Treatment Planning	\$ 21,739.00											
Community Living Supports	\$ 145,055.93											
Crisis Services, Assessments and Testing	\$ 14,488.00											
Evaluation and Management Physician Level	\$ 3,787.00											
Psychiatric Inpatient	\$ -											
Psychotherapy and Outpatient Services	\$ 7,298.00											
Vocational & Skills Building, Family and Health Services	\$ 7,943.79											
Total	\$ 212,526.09	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Number of Registered People Receiving Services	87	0	0	0	0	0	0	0	0	-	-	-
Average Cost per Registered Person Served	\$ 2,442.83	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	9,116											
Average Cost per Transaction	\$ 23	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	36											
Count of Child IDD	2											
Count of Adult SMI	37											
Count of Child SED	12											
Total	87	0	0	0	0	0	0	0	0	-	-	-
IDD Adult Cost	\$ 157,870.88											
IDD Child Cost	\$ 3,812.67											
Adult SMI Cost	\$ 40,253.54											
Child SED Cost	\$ 10,589.00											
Total	\$ 212,526.09	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Adult IDD Cost per consumer	\$ 4,385.30	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 1,906.34	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 1,087.93	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 882.42	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Total	\$ 2,442.83	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!

FY2025 Service Information for Roscommon County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 35,439.60											
Autism Services	\$ 2,818.09											
Case Management, ACT and Treatment Planning	\$ 62,092.18											
Community Living Supports	\$ 422,222.39											
Crisis Services, Assessments and Testing	\$ 30,686.40											
Evaluation and Management Physician Level	\$ 31,914.17											
Psychiatric Inpatient	\$ 20,539.62											
Psychotherapy and Outpatient Services	\$ 49,954.00											
Vocational & Skills Building, Family and Health Services	\$ 8,878.98											
Other	\$ 312.00											
Total	\$ 664,857.43	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Number of Registered People Receiving Services	274	-	-	-	-	-	-	-	-	-	-	-
Average Cost per Registered Person Served	\$ 2,426.49	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	11,484											
Average Cost per Transaction	\$ 58	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	63											
Count of Child IDD	19											
Count of Adult SMI	139											
Count of Child SED	53											
Total	274	-	-	-	-	-	-	-	-	-	-	-
IDD Adult Cost	\$ 360,618.23											
IDD Child Cost	\$ 22,698.31											
Adult SMI Cost	\$ 214,220.09											
Child SED Cost	\$ 67,320.80											
Total	\$ 664,857.43	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Adult IDD Cost per consumer	\$ 5,724.10	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 1,194.65	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 1,541.15	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 1,270.20	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Total	\$ 2,426.49	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!

FY2025 Service Information for Wexford County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 97,532.63											
Autism Services	\$ 62,656.26											
Case Management, ACT and Treatment Planning	\$ 123,933.88											
Community Living Supports	\$ 773,162.72											
Crisis Services, Assessments and Testing	\$ 52,038.40											
Evaluation and Management Physician Level	\$ 49,951.68											
Psychiatric Inpatient	\$ 84,080.85											
Psychotherapy and Outpatient Services	\$ 82,242.82											
Vocational & Skills Building, Family and Health Services	\$ 62,753.22											
Other	\$ 10,239.60											
<b>Total</b>	<b>\$ 1,398,592.06</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Number of Registered People Receiving Services	504	-	-	-	-	-	-	-	-	-	-	-
Average Cost per Registered Person Served	\$ 2,774.98	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	47,429											
Average Cost per Transaction	\$ 29	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	118											
Count of Child IDD	47											
Count of Adult SMI	236											
Count of Child SED	103											
<b>Total</b>	<b>504</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
IDD Adult Cost	\$ 694,614.10											
IDD Child Cost	\$ 83,757.86											
Adult SMI Cost	\$ 468,972.10											
Child SED Cost	\$ 151,248.00											
<b>Total</b>	<b>\$ 1,398,592.06</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Adult IDD Cost per consumer	\$ 5,886.56	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 1,782.08	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 1,987.17	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 1,468.43	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
<b>Total</b>	<b>\$ 2,774.98</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>

FY2025 Service Information For Missaukee County												
Area of Service	October	November	December	January	February	March	April	May	June	July	August	September
Additional Supports (Homebased, Respite, Residential, Clubhouse and Nursing)	\$ 17,122.92											
Autism Services	\$ 11,203.35											
Case Management, ACT and Treatment Planning	\$ 25,444.61											
Community Living Supports	\$ 410,033.89											
Crisis Services, Assessments and Testing	\$ 13,186.00											
Evaluation and Management Physician Level	\$ 7,804.00											
Psychiatric Inpatient	\$ -											
Psychotherapy and Outpatient Services	\$ 15,172.00											
Vocational & Skills Building, Family and Health Services	\$ 18,121.82											
Other	\$ 3,567.33											
<b>Total</b>	<b>\$ 521,655.92</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Number of Registered People Receiving Services	116	-	-	-	-	-	-	-	-	-	-	-
Average Cost per Registered Person Served	\$ 4,497.03	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Service Transactions Provided	25,588											
Average Cost per Transaction	\$ 20	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Count of Adult IDD	45											
Count of Child IDD	12											
Count of Adult SMI	38											
Count of Child SED	21											
<b>Total</b>	<b>116</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
IDD Adult Cost	\$ 378,266.80											
IDD Child Cost	\$ 22,563.35											
Adult SMI Cost	\$ 96,955.77											
Child SED Cost	\$ 23,870.00											
<b>Total</b>	<b>\$ 521,655.92</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
Adult IDD Cost per consumer	\$ 8,405.93	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child IDD Cost per consumer	\$ 1,880.28	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Adult SMI Cost per consumer	\$ 2,551.47	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
Child SED Cost per consumer	\$ 1,136.67	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
<b>Total</b>	<b>\$ 4,497.03</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>	<b>#DIV/0!</b>

**Open House for the New Grand Traverse Mental Health Crisis and Access Center to be Held on December 10**

12.03.2024

*The public is invited to tour the new facility in advance of its January opening.*

Munson Healthcare (MHC) and the Northern Lakes Community Mental Health Authority (NLCMHA) will host an open house for the new Grand Traverse Mental Health Crisis and Access Center (GTMHCAC) at 410 Brook St., Traverse City on Tuesday, December 10, 2024, from 4-6pm.

This will be the public’s first look at the new facility that will provide much-needed outpatient and residential mental health crisis services to patients of any age, regardless of their ability to pay. The Center is located on the Munson Medical Center (MMC) campus within an existing 22,000 square-foot behavioral health building that has been under renovation since February 2024.

“Research tells us that a mental health continuum of care that includes crisis hotline, mobile and wrap-around services and a crisis center, has a significant impact on the wellbeing of a community,” said Michael Corby, GTMHCAC Director. “The Center is not only a safe, healing environment to deliver care but will also help reduce strain on other resources like jails, emergency departments, and inpatient beds.”

The Center is set to officially open its doors to patients on January 5, 2025. Master’s and Bachelor’s level mental health professionals will work under a shared staffing model between Munson Healthcare and Northern Michigan Community Mental Health Authority.

“The Center has the same staffing and operational complexities as any other non-profit healthcare organization,” said Terri Lacroix-Kelty, Munson Healthcare Director of Behavioral Health. “To meet the needs of the community, we will incrementally add services and increase hours of operation as we ramp up staffing over the course of the next year.”

The Center will open in four phases between January 5 and Fall 2025:

□

Phase 1	Phase 2	Phase 3	Phase 4
January 5, 2025	July 1, 2025	Summer 2025	Fall 2025
Sun.-Thur., 8am-8pm	24/7/365	24/7/365	24/7/365
<ul style="list-style-type: none"> <li>NLCMHA operated Welcome Center with behavioral health assessments and referrals</li> </ul>	<ul style="list-style-type: none"> <li>Psychiatric Urgent Care operated by Munson Healthcare</li> <li>Living Room model of care facilitated by Northern Lakes</li> </ul>	<ul style="list-style-type: none"> <li>Nine (9) bed adult crisis residential unit operated by NLCMHA</li> </ul>	<ul style="list-style-type: none"> <li>Six (6) bed pediatric crisis residential unit operated by Munson Healthcare</li> </ul>

<ul style="list-style-type: none"> <li>• Crisis phone screening</li> <li>• Mobile crisis services</li> <li>• Peer support services</li> </ul>	<p>Community Mental Health Authority</p>		
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Funding for the project has been made possible through a \$5 million American Rescue Act Funding allocation from Grand Traverse County and an additional \$5 million grant from the Michigan Hospital Association (MHA) designated exclusively toward pediatric programming and services.

“This project is the result of a far-reaching collaboration supported by a diverse group of community mental health partners and non-profits as well as a highly engaged community advisory group,” said Laura Glenn, Munson Healthcare Chief Operating Officer. “We are excited to welcome the public to celebrate this step toward greater mental well-being for our community and all of those who have made it possible.”



## **TC Ticker New Mental Health Center Prepares to Open Doors**

### **New Mental Health Center Prepares to Open Doors**

**By Beth Milligan | Dec. 9, 2024**

A long-awaited – and experts say much-needed – new community mental health center is preparing to open its doors in Traverse City. Munson Healthcare and the Northern Lakes Community Mental Health Authority will host a public open house Tuesday from 4pm to 6pm for the new Grand Traverse Mental Health Crisis and Access Center at 410 Brook Street. The center will start officially operating January 5, scaling up services and staffing throughout 2025 to eventually offer 24/7 behavioral health services, a psychiatric urgent care, and adult and pediatric crisis residential units.

The center is located on Munson Medical Center’s campus in a 22,000-square-foot building that previously housed outpatient behavioral health services. Those services have been relocated to Copper Ridge and the building extensively renovated to house the new center. Tuesday’s open house is the public’s first chance to see the facility, which will provide both outpatient and residential mental health crisis services to patients of any age, regardless of their ability to pay.

“Research tells us that a mental health continuum of care that includes a crisis hotline, mobile and wrap-around services, and a crisis center has a significant impact on the wellbeing of a community,” says Michael Corby, the facility’s new director. “The center is not only a safe, healing environment to deliver care but will also help reduce strain on other resources like jails, emergency departments, and inpatient beds.”

Munson COO Laura Glenn echoes Corby’s comments, pointing to increasing demand for mental healthcare. A hospital’s emergency room isn’t designed to provide such treatment, yet it’s where many experiencing a crisis end up due to a lack of alternatives. “We have seen an increase in the number of people coming to the ER seeking mental healthcare,” says Glenn. “But we are set up to deal with medical emergencies. They’re different skillsets.” The new center will offer a “much more appropriate environment to receive behavioral healthcare,” says Glenn, and ideally free up more resources in the ER to focus on medical patients.

The center is being funded by two major grants: a \$5 million American Rescue Plan Act (ARPA) allocation [from Grand Traverse County](#) and a \$5 million grant from the Michigan Hospital Association, with the latter funding dedicated exclusively to pediatric programming and services. Northern Lakes Community Mental Health Authority (NLCMHA) also received a \$1.8 million federal appropriation and another \$3 million state appropriation for adult and youth crisis stabilization units. Master’s and Bachelor’s-level mental health professionals will work under a shared staffing model between Munson Healthcare and NLCMHA. Between 15 and 20 employees are expected to work at the center.

“The center has the same staffing and operational complexities as any other nonprofit healthcare organization,” says Terri Lacroix-Kelty, Munson Healthcare’s director of behavioral health. “To meet the needs of the community, we will incrementally add services and increase hours of operation as we ramp up staffing over the course of the next year.”

The center will open in four phases between January 5 and fall 2025. During phase one, the center will be open Sunday-Thursday 8am-8pm. It will offer a NLCMHA-operated welcome center with behavioral health assessments and referrals, plus crisis phone screening, mobile crisis services, and peer support services. By July 1, the center will expand to 24/7 service, 365 days a year. Munson Healthcare will begin operating a psychiatric urgent care, while NLCMHA will facilitate a “living room model of care.”

Glenn explains that model provides large, open, soothing spaces – warmer and more comforting than a typical clinical environment – where individuals experiencing a behavioral health crisis can rest and get support from mental health professionals. Tranquil views of the surrounding scenic woods can be seen through the windows. “You don’t feel like you’re on a hospital campus,” Glenn says. Those stays are intended to be short term, typically under 24 hours. “They’re able to just stay there until they’re in a better frame of mind, and they can access the resources they need there and be connected to follow-up care,” Glenn says.

By the end of next summer, a nine-bed adult crisis residential unit operated by NLCMHA will come online. That will be followed next fall by a six-bed pediatric crisis residential unit operated by Munson Healthcare. Those units can accommodate overnight stays for patients in more severe crisis. Glenn notes different service areas have different licensing requirements, so the phased approach is intended to allow the center to open as soon as possible and start offering community care while gradually ramping up staffing and services over the course of 2025.

While the Grand Traverse Mental Health Crisis and Access Center won’t be the “single solution to our challenges with access to behavioral health services,” Glenn says it represents an “important component to the solution.” Munson and NLCMHA leaders will be able to monitor how “access to the services (at the center) affects the demand for other behavioral health services and continually look at ways to expand services even outside of the crisis center.” Glenn says the facility presents a vital “learning opportunity” in providing community care.

“What are our other gaps in the community for this care? Where do we need to continue to work with our partners to address those gaps?” she says. “This is an important part, but not the only part, of the long-term plan. We will be learning from this program to be able to expand other behavioral health initiatives.”

No financials for the December Board meeting:

Due to the preliminary closing of fiscal year 2024 and to ensure accurate financial reporting for fiscal year 2025, there will be no financial report at the December meeting. The financials for October/November will be presented at the January Board meeting. This is also in alignment with the practice of other CMHs in the NMRE region.



Administrative Office, 105 Hall Street, Suite A, Traverse City, MI 49684

**NORTHERN LAKES COMMUNITY MENTAL HEALTH AUTHORITY**

**2025 BOARD MEETING SCHEDULE**

<b>DATE</b>	<b>STARTING TIME</b>	<b>PLACE</b>
January 16, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 527 Cobb Street, Cadillac
February 20 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 204 Meadows Drive, Grayling
March 20, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 105 Hall Street, Traverse City
April 17, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 105 Hall Street, Traverse City
May 15, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 2715 South Townline Road, Houghton Lake
June 19, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 527 Cobb Street, Cadillac
July 17, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 204 Meadows Drive, Grayling
August 21, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 527 Cobb Street, Cadillac
September 18, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 2715 South Townline Road, Houghton Lake
October 16, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 105 Hall Street, Traverse City
November 20, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 527 Cobb Street, Cadillac
December 18, 2025	1:00 p.m.	Northern Lakes Community Mental Health Authority 105 Hall Street, Traverse City

Meeting location may change due to location availability. Meetings are open to the Public. If any person with a disability needs accommodations, please call the CEO's Office three days prior to the posted meeting date at: 231-409-6065.

# NORTHERN LAKES COMMUNITY MENTAL HEALTH AUTHORITY COMMITTEE ASSIGNMENTS 2024 - 2025

NAME	COMMITTEES								
	EXECUTIVE COMMITTEE (Board officers)	RECIPIENT RIGHTS & ADVISORY COMMITTEE* (RRAC) (2)	RECIPIENT RIGHTS & APPEALS COMMITTEE	FINANCE COMMITTEE	POLICY COMMITTEE	COMMUNITY ENGAGEMENT AND SERVICES COMMITTEE	PERSONNEL COMMITTEE***	NMRE BOARD REPS (3)	AD HOC CEO SEARCH COMMITTEE (1 PER COUNTY)
<b>CRAWFORD CTY</b>									
Ruth Pilon							X	X	X
Shawn Kraycs				X					
<b>GRAND TRAV CTY</b>									
Dave Freedman				X	X				
Penny Morris	X – V. Chair					X			
Tom Bratton				X				X	X - Chair
Mary Marois					X	X		X	
Christal Frost Anderson						X	X		
Tony Lentych		X	X (Plus one other committee member)						
<b>LEELANAU CTY</b>									
Ty Wessell				X	X				
Greg McMorrow	X - Chair								X
<b>MISSAUKEE CTY</b>									
Lynn Pope	X – Sec.								
Dean Smallegan				X					X
<b>ROSCOMMON CTY</b>									
Al Cambridge		X		X - Chair					X
Eric Ostergren **									
<b>WEXFORD CTY</b>									
Ben Townsend				X					X
Carol Blake **									

\*RRAC also has community members: Charles Corwin, Marleen Cassidy, Rose Denny, Rudy Wright, Vacant

\*\* Term ending

\*\*\* Additional member to be determined

**Community Mental Health Association of Michigan**

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# **Annual Winter Conference**

*CMHA*

Celebrate Abilities  
Inspire Possibilities



*CMHA*

February 3, 2025 • Pre-Conference  
February 4-5, 2025 • Main Conference

**Radisson Plaza Hotel**  
**Kalamazoo, Michigan**

# EDUCATIONAL SESSIONS

## PRE-CONFERENCE INSTITUTE:

**Monday, February 3, 2025**

**1:00pm – 4:00pm**

**Radisson Plaza Hotel**

### **Separate Registration Fee:**

- Member Fee: \$45 per person. Fee includes materials and refreshments.
- Non-Member Fee: \$55 per person. Fee includes materials and refreshments.

### **Pre-Conference Institute #1: Behavior Treatment Plan Development: Terminology, Scope of Practice, Billing Codes, Committee Approval, and Technical Standards**

- ❖ Qualifies for 3 CE hours for Social Work + Related MCBAP Education Contact Hour
  - *Mary Luchies, PhD, LP, LBA, Manager of the Intellectual/Developmental Disabilities and Autism Spectrum Disorder Services Section, Michigan Department of Health and Human Services*
  - *Raymie Posterna, Director, Office of Recipient Rights, Michigan Department of Health and Human Services*
  - *Price Pullins, MS, LLP, Psychology Manager, Bureau of Children's Coordinated Health Policy and Supports, Michigan Department of Health and Human Services*

Behavior Treatment Plans (BTPs) have evolved from useful documentation to support programs serving individuals with complex behavioral needs to specific treatment protocols developed by licensed behavior analysts. How do BTPs exist in behavioral health practices with Behavior Support Plans (BSPs) and how can they both be best utilized by the mental health system. This pre-conference institute will define both types of plans, when they are utilized and how they can be useful in behavioral health outcomes. Examples of each type of plan will assist in identifying the different elements and applications. This session will discuss scope of practice guidelines, billing code considerations, and data driven outcomes for behavioral supports. Objectives: 1. Differentiate between a behavior treatment plan and a behavior support plan. 2. Evaluate appropriate applications for BTPs and BSPs. 3. Identify best practice standards for the development of BTPs and BSPs.

### **Pre-Conference Institute #2: Leadership Lifecycles: Developing and Sustaining Leaders in Public Behavioral Health**

- ❖ Qualifies for 3 CE hours for Social Work + Related MCBAP Education Contact Hour
  - *Erin Barbus, LMSW, Founder/Chief Clinical Officer, Edgewater Professional Development PLLC*

This pre-conference institute will explore current patterns in hiring and retention within Community Mental Health (CMH) and Prepaid Inpatient Health Plans (PIHPs) in Michigan, highlighting the challenges and strategies for attracting and keeping qualified staff in a rapidly evolving behavioral health landscape. Emphasizing the importance of leadership development, the session will delve into how teaching the history, funding structure and values of the public behavioral health system can foster a deeper sense of purpose and commitment among staff. Key strategies for building strong leadership pipelines will be discussed, focusing on mentorship, training, and creating environments that promote long-term retention. By aligning resources, organizational culture, and leadership practices, CMHs and PIHPs can effectively navigate workforce challenges while ensuring the continued success and resilience of the public behavioral health system. Objectives: 1. Highlight the role of leadership development. 2. Discuss strategies for building leadership pipelines. 3. Promote long-term workforce resilience.

# KEYNOTE SESSIONS:

## Keynote: Can You Hear the Voices? What Psychosis Feels Like

- ❖ Qualifies for 1 CE hour for Social Work + Related MCBAP Education Contact Hour
- *Bethany Boik, BA, Mental Health Advocate, Artist and Author of the book Diary of a Schizophrenic*

Have you ever wondered what it's like to live with voices? Learn about the treatment and management of voices in psychosis from a mental health advocate who lives with schizophrenia. Understand where voices come from and why voices tend to have negative content. Finally, learn what professional supports can do to help those living with voices and how social supports are essential in the lives of those living with psychosis. Objectives: 1. Learn what voices represent and mean in the management of psychosis. 2. Understand why voices tend to have negative content for those affected by psychosis. 3. Understand how genetics and environmental factors play a role in the development of schizophrenia. 4. Learn why social support is essential when working with individuals affected by schizophrenia.

## Keynote: Hospital Inpatient Panel Discussion – Challenges and Opportunities

- ❖ Qualifies for 1 CE hour for Social Work + Related MCBAP Education Contact Hour
- *Lauren LaPine, MPH, Senior Director, Legislative and Public Policy, Michigan Health & Hospital Association*
- *Other Panelists TBA*

The keynote panelists will discuss how hospitals and community mental health agencies are working together to address behavioral health capacity gaps. Hospital and CMH leaders will highlight some key partnerships occurring in the community as well as outline some challenges and opportunities in the continuum of care. This keynote will identify some key examples of how hospitals and CMHs can partner together to address one of the biggest challenges facing Michigan's public mental health system – inpatient care. Objectives: 1. Learn what hospitals and CMHs do locally to address inpatient care needs. 2. Describe and identify the key gaps in care. 3. Identify potential solutions to those gaps on the horizon.

## Keynote: The Strategic Thinking of Michigan's Preeminent Advocacy Organizations: Hearing From Their Leaders

- ❖ Qualifies for 1 CE hour for Social Work + Related MCBAP Education Contact Hour
- *Sherri Boyd, MSW, Executive Director, The Arc Michigan*
- *Kevin Fischer, BA, Executive Director, NAMI Michigan*
- *Marianne E. Huff, MSW, President and CEO, Mental Health Association in Michigan*
- *Carla Pretto, BS, RN, Executive Director, Association for Children's Mental Health*
- *Michelle Roberts, MA, Executive Director, Disability Rights Michigan*
- *Facilitator: Robert Sheehan, MSW, MBA, Chief Executive Officer, Community Mental Health Association of Michigan*

The panelists will discuss their experiences and insights as the leaders of some of the state's leading advocacy organizations. They will discuss the role of statewide advocacy organizations, the strategies that they use in selecting advocacy issues, the advocacy methods that they employ, how they deal with conflict with partners and within their organizations, and how they collaborate around a wide variety of advocacy issues. This keynote will provide concrete examples of advocacy efforts and the decisions that go into making those efforts successful. Objectives: 1. Describe what goes into making sound decisions regarding advocacy issues and targets. 2. Describe the way that seasoned advocates deal with conflict. 3. Identify the key steps and resources needed to ensure a sound advocacy initiative.

## Keynote: 1% Better: The Road to Full Potential

- ❖ Qualifies for 1 Related MCBAP Education Contact Hour
- *Chris Nikic, Owner, Team Nikic, Inc.*
- *Nik Nikic, Managing Partner, Team Nikic, Inc.*

Chris delivers an inspiring and compelling story of how he worked in pursuit of his dreams by achieving a goal of becoming the first person with Down Syndrome to do a 140.6 IRONMAN® and the first to do the SIX world marathon majors and earn the Abbot Six Stars. Chris shares the underlying principles of his success to achieve his full potential using the 1% Better Success Habit. This keynote takes you through a journey that touches on: 1. Overcoming personal physical, intellectual, and external obstacles amplified by the pandemic. 2. How using the 1% Better strategy and developing a success habit helped him achieve the impossible. 3. An overview of the approach that helped Chris build a no quit grit and success mindset. 4. Finishing with the conclusion that helped him realize most of his dreams. Chris's speech is powerful because of the way he makes you feel. When he's done, you will know you can easily achieve much more in your life. Nik explains the underlying principles of success, coaching and execution necessary to achieve your full potential using the 1% Better System that he developed in his consulting firm and later modified and simplified for Chris. Achieving the impossible doesn't happen by accident. It happens following a process and a system. Nik explains the system he designed that was used by Chris to achieve his full potential and can be used by anyone with or without an intellectual disability to achieve their full potential. Nik describes the framework and foundation of the system that anyone can follow to achieve their full potential.



## EDUCATIONAL WORKSHOPS:

- The CCBHC Playbook: Mastering the Transition to Sustainable, Integrated Care
- Data-Driven Approaches to the Future of Crisis Response in Michigan
- MDHHS Capacity Building Center: A Workforce Development Program to Strengthen and Retain Behavioral and Mental Health Providers Across Michigan
- Behavioral and SUD Health Homes: Keys to Success and Context in the CCBHC Demonstration
- Journey to Crisis Intervention Team (CIT)
- Intensive Crises Stabilization Services
- Strengthening Suicide Prevention Through Lived Experience
- Breaking the Cycle of Hospital Readmissions for Youth with an IDD Diagnosis
- Dental - Behavioral Integration: The Oral Health Recovery Initiative
- Lean Management and its Implementation into Behavioral Health
- Artificial Intelligence (AI) in the Outpatient Behavioral Health Setting
- The Importance of the Voice of Lived Experience: The Self-Advocates of Michigan
- Independent Facilitators: Your Partners in the Person-Centered Planning Process
- Using System Dynamics Modeling to Understand and Optimize Psychiatric Behavioral Health Treatment Systems
- HIPAA and Confidentiality: What You Need to Know
- Scaling Compassionate Assent-Based Care for Transformational Organizational Change
- Boardworks: Current and Future Funding for CMHSPs and PIHPs
- Boardworks Governance Ethics
- What's Going on in Lansing?
- Mental Health Navigator: The Importance of Partnerships

## CONTINUING EDUCATION

**Social Workers:** If you attend the Pre-Conference Institute (2/3/25) and the entire Main Conference (2/4/25-2/5/25), you qualify for **12 CE Hours for Social Work**. The “Pre-Conference Institutes both qualify for **3 CE Hours** for Social Work. The “Main Conference” course (2/4/25-2/5/25) qualifies for a maximum of **9** Continuing Education Hours. The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818. Qualifies as “face-to-face (in-person) education.”

**Substance Use Disorder Professionals:** CMHA is approved by Michigan Certification Board for Addiction Professionals (MCBAP). CMHA maintains the responsibility for the program and content. Substance Use Disorder Professionals participating in either “Pre-Conference Institute on 2/3/25 qualifies for 3 CE hours. Substance Use Disorder Professionals participating in the Annual Winter Conference (2/4/25-2/5/25) may receive a maximum of **10** contact hours. If you attend a Pre-Conference Institute (2/3/25) and the entire Main Conference (2/4/25-2/5/25), you qualify for a maximum of **13** CE Hours. It is important that attendees keep a copy of the conference program brochure containing the workshop descriptions along with their attendance record form.

**Certificate Awarded:** At the conclusion of this conference, turn in your Certificate of Attendance form to the CMHA Staff to be approved. You will turn in the top sheet & retain the bottom sheet which serves as your certificate. No other certificate will be given.

**Certificate Issued by:** Christina Ward, Director of Education & Training, [cward@cmham.org](mailto:cward@cmham.org); 517-374-6848.

**Grievance:** If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation or you may contact CMHA 517-374-6848 or through our webpage at [www.cmham.org](http://www.cmham.org) for resolution.

# CONFERENCE REGISTRATION

## REGISTRATION FEES (per person)

Pre-Conference Institutes: Monday, February 3, 2025, from 1:00pm – 4:00pm The Pre-Conference Institutes fee includes materials and refreshments. – Pre-Conference Institute #1: Behavior Treatment Plan Development – Pre-Conference Institute #2: Leadership Lifecycles: Developing and Sustaining Leaders in Public Behavioral Health	<b>MEMBER</b>  \$45	<b>NON-MEMBER</b>  \$55
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The Main Conference registration fee provides you with a program packet, admission to all keynote sessions, all workshops, 2 breakfasts, 2 lunches, and all breaks.

	Member Early Bird	Member After 1/17/25	Non-Member Early Bird	Non-Member After 1/17/25
<b>Full Conference</b>	<b>\$440</b>	<b>\$480</b>	<b>\$525</b>	<b>\$570</b>
<b>One Day Tuesday</b>	<b>\$345</b>	<b>\$385</b>	<b>\$410</b>	<b>\$455</b>
<b>One Day Wednesday</b>	<b>\$300</b>	<b>\$340</b>	<b>\$360</b>	<b>\$405</b>

## SCHOLARSHIPS AVAILABLE

*A limited number of scholarships are available to individuals who receive services and their families.*

*Conference scholarships will cover conference registration fees only.*

*Consumers who serve as CMH board members are not eligible.*

*Deadline to request scholarship: Friday, January 17, 2025.*

*To request a scholarship form, contact Chris Ward at [cward@cmham.org](mailto:cward@cmham.org) or 517-237-3143*

**EARLY BIRD DEADLINE: FRIDAY, JANUARY 17, 2025**

**CONFERENCE REGISTRATION DEADLINE: 3:00PM ON THURSDAY, JANUARY 30, 2025**

## PAYMENT METHODS AND CANCELLATION INFORMATION

- Payment will be required prior to attendance.
- Payment methods are available in advance and onsite: credit card, check or exact cash.
- If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHA.
- Purchase Orders are not considered payment.
- All No Shows will be billed the full amount.

**To Pay by Check:** Make payment to CMHA and mail to 507 S. Grand Avenue, Lansing, MI 48933

**Cancellation Policy:** Substitutions are permitted at any time. No shows will be billed at the full rate. Cancellations must be received in writing before **JANUARY 19, 2025**, for a full refund less a \$25 administrative fee. If cancellation is received on or after **JANUARY 20, 2025**, no refund will be given. Please notify [apiesz@cmham.org](mailto:apiesz@cmham.org) if you cannot attend the conference.

# HOTEL INFORMATION

**Radisson Plaza Hotel & Suites, 100 W. Michigan Ave., Kalamazoo, MI 49007**

**2025 Room Rates:**      **Standard Room: \$169 plus taxes (Single/Double/Triple/Quad)**  
                                 **Concierge Room: \$219 (Single/Double)**

**Parking:** Discounted rate for self-parking: \$12 per night/car for all attendees.

**Hotel Check In:** 4 p.m.    **Hotel Check Out:** Noon

**To Make Your Reservations at the Radisson Plaza Hotel:**

**Phone Reservations:** (269) 343-3333 and connect with either the reservations team or the front desk.

- Reservations team is available M-F 8 a.m. - 5 p.m. EST; the front desk team will manage requests outside of those times.

- For discounted rates, guests need to mention "CMHA Winter Conference."

**[Book Your Hotel Reservation Online](#)**

**Deadline for Reduced Rate:**

**Booking online: Deadline of 11:59 p.m. EST the day BEFORE 1/13/25 or until the room block fills.**

**Phone reservations: Deadline of 5:00 p.m. EST on the day OF 1/13/25 or until the room block fills.**

**Cancellation Policies:**

- If you find it necessary to cancel or change plans, please inform the hotel 24 hours prior to check-in time to avoid one night's room and tax charged to your credit card. If the reservation was booked as an advance purchase, non-cancel, or non-refundable, then full penalty applies.
- Reservations can be modified or canceled by calling in-house reservations team at (269) 343-3333.
- If a reservation is canceled after this time, it will be subject to a late-cancellation fee (one night's guestroom rate + taxes). If there is a credit card on file, this fee will be routed to the credit card.
- If a guest does not arrive for their reservation, it will be subject to a no-show fee (one night's guestroom rate + taxes). If there is a credit card on file, this fee will be routed to the credit card.
- If a guest does not arrive for their reservation and check-in for the first night, their reservation will be CANCELED. The hotel can reinstate the reservation as able and requested (based on hotel availability).

**CONFERENCE REGISTRATION OPENS ON  
MONDAY, DECEMBER 9, 2024.**