



Mental Health First Aid 2024 REGISTRATION FORM

FEE: \$50 per session includes a training manual, lunch, and snacks.
Cash or checks accepted. Make checks payable to:

Northern Lakes CMHA
ATTN: Bobbi Hudson
105 Hall Street
Traverse City MI 49684

REGISTRATION: Registrations taken on first-come, first served basis. The registration fee needs to accompany this form. The registration fee is non-refundable but we will accept substitutions.

PLEASE CHECK THE DATE(S) YOU WISH TO ATTEND BELOW. Each session runs 8AM to 5PM.

ADULT MENTAL HEALTH FIRST AID

- **Tuesday, March 5, 2024** at:
Northern Lakes Community Mental Health
105 Hall St
Traverse City, MI 49684
- **Thursday, May 9, 2024** at:
Northern Lakes Community Mental Health
527 Cobb St
Cadillac, MI 49601
- **Wednesday, October 9, 2024** at:
Northern Lakes Community Mental Health
105 Hall St
Traverse City, MI 49684

YOUTH MENTAL HEALTH FIRST AID

- **Tuesday, March 12, 2024** at:
Northern Lakes Community Mental Health
105 Hall St
Traverse City, MI 49684
- **Thursday, May 30, 2024** at:
Northern Lakes Community Mental Health
527 Cobb St
Cadillac, MI 49601
- **Wednesday, October 30, 2024** at:
Northern Lakes Community Mental Health
105 Hall St
Traverse City, MI 49684

Name _____

Phone _____

Email Address _____

Mental Health First Aid (MHFA) is an evidence-based training program administered by the National Council for Mental Wellbeing through certified trainers including those from NLCMHA.

If you are interested in receiving NASW-Michigan Social Work continuing education credits, please include your License Number below:
