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Recovery Council Meeting Minutes

Friday, May 23, 2008 / 1:00 PM – 3:00 PM

Attendees: Mary Beth Evans (Chairperson), Michelle Fisher, Joan, Julie Weiss, Todd, Vikki Roofe, Barb McNitt, Jean Wistinghausen, Catherine Bergum, Liz MacCord, Kathy Meyer, Bob Houghton, Ashley.

Absent: All members were present

Partners: Dave Branding, Rosemary Rokita, Carol S.

Staff support: Val Bishop (minute taker)

Introductions, Celebrations, and Review of Agenda Items

Catholic Archdiocese presentation – Catherine, Michelle, Bob all presented.

HL Office renovation – shared pictures and challenge to other offices. Recovery Towers are great.

Consumer Conference at Higgins Lake.

Walk A Mile Rally – including speaking with Rep. Booher. One member (Ashley) represented Grand Traverse County. Liz drove a group and others attended as well.

Wexford County Commission Meeting - Tuesday night – 5/28/08 – Liz will advocate at the commission meeting.

Family Psychoeducation training attended by one group member (Barb).

Spring is here!

Consumer success was shared by Julie – one of her consumers just got SSI and she was too busy to meet with her because she was spending time relaxing at a hotel for the night

Carol S – Would like to commit her time to help transform the Traverse City CMH building.

Introduced as a partner.

Rosemary Rokita was introduced as a partner

Standing Agenda Items

- Updated Version of Recovery Council Blueprint Tasks – gold page was distributed and gold (updated accomplishments).

- Learning Community Meetings – 1) Recovery 101 classes – will be getting things moving soon. 2) CAC – suggestion made to distribute this as conferences are coming up. Will relay suggestion to distribute to consumers.

- Approval of April meeting minutes - Vikki motioned to approve. Todd seconded it. All approved as written.

Blueprint Task: Create a strategy to regularly collect via current consumer venues the gaps in community resources needed to support consumers

- Review status and Homework from April Meeting – Val reviewed overview of our task. We discussed last month about how to find out current necessary resources and gaps. Discussed some of the barriers.

- Finalize strategies – Suggestion – Mary Beth will draft a survey to be used. Example – no transportation in Missaukee County. Survey will be distributed to consumers (drop-

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ins, clubhouses, peers or csms ask key consumers), peers, case managers. Mary Beth will get a draft survey out to the council and get approval.

Blueprint Task: *Recovery Enhancing Environment (REE) (presented by Dave Branding)*

- Review the workgroup recommendations – Dave reviewed status. A summary was provided. (see Final REE Recommendation handout).
- Review implementation plans – Consider giving a description of recovery activities as a cover page. Discussed numbers – small or larger group. Discussed. Val overviewed

Input on how to go about this: Michelle suggested considering a celebration. May give incentives. Keep in mind the State recommendation. Consider Learning Communities – “REE Day”- LC would host. Post a notice in lobbies ahead of time. Get word out there in many different modes. Consider mailings. May consider giving an overview of the survey to make consumers more comfortable with completion of this. Val will try to get more State input on their thinking before we move this forward.

BREAK

Evaluation of a Recovery Resource: *5 Stages in the Recovery Process Training Video*

- Discussion of how and where to use this video – Reviewed material and discussed.
- Discussion of what material should be used in conjunction with this video. We will distribute copies of videos to all staff representatives of the council and each council rep will view it before the next meeting.

Discussion of locations to provide the video – colleges, community and state hospitals, etc. **Homework – All watch the training video.**

Public Comment (*from Recovery Council Partners*) Deb – training video – provide questions – facilitators guide. Consider 10 minute version to use for community presentations.

Carol – mentioned survey (REE) – if mailed – she sees lots of consumers tossing information. Tokens – will provide them for Recovery groups.

Next steps, review of assignments, questions, thoughts, opinions, comments, challenges

- Office Recovery Transformation Initiative

Homework – watch training video. State Consumer Conference – get in soon.

June Agenda Planning

- Continuation of REE discussion
- NLCMH Recovery Policy
Training video

Adjournment @ 3:05 PM